

# CANEYVILLE MENUS

Monday, February 4	Tuesday, February 5	Wednesday, February 6	Thursday, February 7	Friday, February 8
Mini Cinnis (39) or Donut Holes, 6 (30), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Strawberry Smoothies – 18 oz. (86) & Goldfish Grahams (19) or French Toast Sticks, 4 (38), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Sausage Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Chicken (6) Biscuit (26) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)
Chicken (15) on Bun (31) or Ham & Cheese Sandwich (32) or Salad Plate (*) Baked Chips (15-17) Golden Corn, ½ c. (16) Garden Salad, ¾ c. (4) w/ Dressing (*) Fresh Fruit, ½ c. (8-15) Fruit Sidekicks (20) Milk (13-20)	<b>BREAKFAST FOR LUNCH</b> Sausage (0) & Eggs (0) Biscuit (26) & Gravy, ½ c. (10) or Salad Plate (*) Southern-Style Hash Browns, ½ c. (14) Fresh Veggie Cup, ½ c. (2.5) Cinnamon Baked Apples, ½ c. (36) Fresh Fruit (~15) Milk (13-20)	Chicken Strips, 3 (17) or Yogurt (*) & Cereal (*) or Salad Plate (*) Mashed Potatoes, ½ c. (15) Glazed Carrots, ½ c. (13) Roll (22) Fresh Fruit, ½ c. (8-15) Peaches, ½ c. (12) Milk (13-20)	Hamburger (1) on Bun (25) or Ham & Cheese Sandwich (29) or Salad Plate (*) Romaine Lettuce & Tomato, ¼ c. (0.6) Onion 1/8 c. Potato Smiles, 4 ea. (28) Baked Beans, ½ c. (29) Fresh Fruit, ½ c. (8-15) Applesauce, ½ c. (23) Milk (13-20)	Chicken Alfredo (39) Grilled Cheese Half (15) or Salad Plate Fresh Veggie Cup, ½ cup (4) Steamed Broccoli, ½ cup (5) Grapes, ½ cup (~15) Fresh Fruit (~15) Milk (13-20) JonnyPops (10-11)
Monday, February 11	Tuesday, February 12	Wednesday, February 13	Thursday, February 14	Friday, February 15
Eggo Mini Pancakes (35) & Syrup (31) or Donut Holes, 6 (30), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Breakfast Pizza (22) or Fruit & Yogurt Parfait (29) with Cereal (*), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Sausage Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Chicken (6) Biscuit (26) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)
Mini Corn Dogs, 6 (30) Yogurt (*) & Cereal (*) or Salad Plate (*) Golden Corn, ½ c. (16) Green Beans, 1/2 c. (4) Fresh Veggie Cup, ½ c. (2.5) Fresh Fruit, ½ c. (8-15) Applesauce, ½ c. (23) Milk (13-20)	Salisbury Steak (2)/Gravy (5) or Ham & Cheese Sandwich (29) or Salad Plate (*) Glazed Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (18) Fresh Fruit, ½ c. (8-15) Pineapple Tidbits, ½ c. (18) Milk (13-20)	Chicken Strips, 3 (17) or Yogurt (*) & Cereal (*) or Salad Plate* Mashed Potatoes, ½ c. (15) Sweet Peas, ½ c. (9) Roll (22) Fresh Fruit, ½ c. (8-15) Applesauce, ½ c. (23) Milk (13-20)	Mandarin Orange Chicken (19) or Chicken Fajita Wrap (15) or Salad Plate (*) Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Cheese, 1 oz. (1) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit Assortment (~15) Fruit Slush Cup (20) Milk (13-20), Sour Cream, 1 oz. (4)	Chili, ½ c. (11), Crackers (5 per pack) or Salad Plate (*) Grilled Cheese Sandwich (15 for Half) Carrot & Celery Sticks, ½ cup (4) Orange Wedges, ½ c. (15) Pear Cup, ½ c. (20) Milk (13-20) FF Ranch Dressing (6)
Monday, February 18	Tuesday, February 19	Wednesday, February 20	Thursday, February 21	Friday, February 22
Mini Cinnis (39) or Donut Holes, 6 (30), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Breakfast Pizza (22) or Fruit & Yogurt Parfait (29) with Cereal (*), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Sausage Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Chicken (6) Biscuit (26) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)
Hot Dog (2) on Bun (27) or Ham & Cheese Sandwich (29) or Salad Plate (*) White Cheddar Cheetos (17) Fresh Veggie Cup, ½ c. (2.5) Baked Beans, ½ c. (29) Fresh Fruit, ½ c. (8-15) Diced Pears, ½ c. (14) Milk (13-20)	Lasagna Roll-Up (27) or Ham & Cheese Sandwich (29) or Salad Plate (*) Breadstick (14) Green Beans, ½ c. (4) Garden Salad, ¾ c. (4) w/ Dressing (*) Fresh Fruit (~15) Diced Pears, ½ c. (14) Milk (13-20)	Chicken Smackers, 10 (20) & Waffle (37), Syrup (31) or Yogurt (*) & Cereal (*) or Salad Plate (*) Southern-Style Hash Browns, ½ c. (14) Fresh Veggie Cup, ½ c. (2.5) Fresh Fruit, ½ c. (8-15) Peach Slices, ½ c. (12) Milk (13-20)	Tony's Cheese or Pepperoni Deep Dish Personal Pizza (35-38) or Ham & Cheese Sandwich (29) or Salad Plate (*) Golden Corn, ½ c. (16) Garden Salad, ¾ c. (4) w/ Dressing (*) Fresh Fruit, ½ c. (8-15) Fruit Slush Cup (20) Milk (13-20)	Beef Taco, 3 oz. (4) or Hot Turkey & Cheese Sandwich (27) or Salad Plate (*) Shredded Cheese, 1 oz. (1) Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Tortilla Chips (18), Salsa, ¼ c. (4) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (8-15) Mixed Fruit Cup, ½ c. (18), Milk (13-20)
Monday, February 25	Tuesday, February 26	Wednesday, February 27	Thursday, February 28	Friday, March 1
Eggo Mini Pancakes (35) & Syrup (31) or Donut Holes, 6 (30), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Strawberry Smoothies – 18 oz. (86) & Goldfish Grahams (19) or French Toast Sticks, 4 (38), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Canadian Bacon, Egg, & Cheese Croissant (31) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Sausage Biscuit (26) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)
Chicken (15) on Bun (31) or Ham & Cheese Sandwich (32) or Salad Plate (*) Baked Chips (15-17) Golden Corn, ½ c. (16) Garden Salad, ¾ c. (4) w/ Dressing (*) Fresh Fruit, ½ c. (8-15) Fruit Slush Cup (20), Milk (13-20)	<b>BREAKFAST FOR LUNCH</b> Sausage (0) & Eggs (0) Biscuit (26) & Gravy, ½ c. (10) or Salad Plate (*) Southern-Style Hash Browns, ½ c. (14) Fresh Veggie Cup, ½ c. (2.5) Cinnamon Baked Apples, ½ c. (36) Fresh Fruit (~15), Milk (13-20)	Chicken Strips, 3 (17) or Yogurt (*) & Cereal (*) or Salad Plate (*) Mashed Potatoes, ½ c. (15) Glazed Carrots, ½ c. (13) Roll (22) Fresh Fruit, ½ c. (8-15) Peaches, ½ c. (12) Milk (13-20)	Hamburger (1) on Bun (25) or Ham & Cheese Sandwich (29) or Salad Plate (*) Romaine Lettuce & Tomato, ¼ c. (0.6) Onion 1/8 c. Potato Smiles, 4 ea. (28) Baked Beans, ½ c. (29) Fresh Fruit, ½ c. (8-15) Applesauce, ½ c. (23), Milk (13-20)	Chicken Alfredo (39) Grilled Cheese Half (15) or Salad Plate Fresh Veggie Cup, ½ cup (4) Steamed Broccoli, ½ cup (5) Grapes, ½ cup (~15) Fresh Fruit (~15) Milk (13-20)
<b>MENUS ARE SUBJECT TO CHANGE BASED ON WEATHER AND AVAILABILITY OF FOOD.</b>	GRAYSON COUNTY SCHOOL FOOD SERVICE IS LOOKING FOR POSITIVE AND PRODUCTIVE SUBSTITUTE COOKS TO JOIN OUR TEAM. SUB COOKS MAY WORK UP TO 19.5 HOURS PER WEEK. WITH THE POTENTIAL TO WORK INTO A FULL-TIME COOK POSITION. APPLY FOR THE 18-19 SUBSTITUTE COOK/BAKER POSITIONS ONLINE AT <a href="http://WWW.GRAYSONCOUNTYSCHOOLS.COM">WWW.GRAYSONCOUNTYSCHOOLS.COM</a> .			

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