

# ELEMENTARY MENUS

Monday, December 31	Tuesday, January 1	Wednesday, January 2	Thursday, January 3	Friday, January 4
NO SCHOOL	NO SCHOOL	Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Sausage Biscuit (26) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)
		Chicken Smackers, 10 (20) & Waffle (37), Syrup (31) or Yogurt (*) & Cereal (*) or Salad Plate (*) Southern-Style Hash Browns, ½ c. (14) Fresh Veggie Cup, ½ c. (2.5) Fresh Fruit, ½ c. (8-15) Peach Slices, ½ c. (12) Milk (13-20)	Mandarin Orange Chicken (19) or Chicken Fajita Wrap (15) or Salad Plate (*) Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Cheese, 1 oz. (1) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit Assortment (~15) Fruit Sidekicks (20) Milk (13-20), Sour Cream, 1 oz. (4)	Chili, ½ c. (11), Crackers (5 per pack) or Salad Plate (*) Grilled Cheese Sandwich (15 for Half) Carrot & Celery Sticks, ½ cup (4) Orange Wedges, ½ c. (15) Pear Cup, ½ c. (20) Milk (13-20) FF Ranch Dressing (6)
Monday, January 7	Tuesday, January 8	Wednesday, January 9	Thursday, January 10	Friday, January 11
Mini Cinnis (4) or Donut Holes, 6 (30), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Strawberry Smoothies – 18 oz. (86) & Goldfish Grahams (19) or French Toast Sticks, 4 (38), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Sausage Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Chicken (6) Biscuit (26) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)
Hot Dog (2) on Bun (27) or Ham & Cheese Sandwich (29) or Salad Plate (*) White Cheddar Cheetos (17) Fresh Veggie Cup, ½ c. (2.5) Baked Beans, ½ c. (29) Fresh Fruit, ½ c. (8-15) Diced Pears, ½ c. (14) Milk (13-20)	Lasagna Roll-Up (27) or Ham & Cheese Sandwich (29) or Salad Plate (*) Breadstick (14) Green Beans, ½ c. (4) Garden Salad, ¾ c. (4) w/ Dressing (*) Fresh Fruit (~15) Diced Pears, ½ c. (14) Milk (13-20)	Chicken Strips, 3 (17) or Yogurt (*) & Cereal (*) or Salad Plate* Mashed Potatoes, ½ c. (15) Sweet Peas, ½ c. (9) Roll (22) Fresh Fruit, ½ c. (8-15) Applesauce, ½ c. (23) Milk (13-20)	Tony's Cheese or Pepperoni Deep Dish Personal Pizza (35-38) or Ham & Cheese Sandwich (29) or Salad Plate (*) Golden Corn, ½ c. (16) Garden Salad, ¾ c. (4) w/ Dressing (*) Fresh Fruit, ½ c. (8-15) Fruit Sidekicks (20) Milk (13-20)	Beef Taco, 3 oz. (4) or Hot Turkey & Cheese Sandwich (27) or Salad Plate (*) Shredded Cheese, 1 oz. (1) Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Tortilla Chips (18), Salsa, ¼ c. (4) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (8-15) Mixed Fruit Cup, ½ c. (18), Milk (13-20)
Monday, January 14	Tuesday, January 15	Wednesday, January 16	Thursday, January 17	Friday, January 18
Eggo Mini Pancakes (35) & Syrup (31) or Donut Holes, 6 (30), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Breakfast Pizza (22) or Fruit & Yogurt Parfait (29) with Cereal (*), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Sausage Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Chicken (6) Biscuit (26) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)
Chicken (15) on Bun (31) or Ham & Cheese Sandwich (32) or Salad Plate (*) Baked Chips (15-17) Golden Corn, ½ c. (16) Garden Salad, ¾ c. (4) w/ Dressing (*) Fresh Fruit, ½ c. (8-15) Fruit Sidekicks (20) Milk (13-20)	BREAKFAST FOR LUNCH Sausage (0) & Eggs (0) Biscuit (26) & Gravy, ½ c. (10) or Salad Plate (*) Southern-Style Hash Browns, ½ c. (14) Fresh Veggie Cup, ½ c. (2.5) Cinnamon Baked Apples, ½ c. (36) Fresh Fruit (~15) Milk (13-20)	Chicken Strips, 3 (17) or Yogurt (*) & Cereal (*) or Salad Plate (*) Mashed Potatoes, ½ c. (15) Glazed Carrots, ½ c. (13) Roll (22) Fresh Fruit, ½ c. (8-15) Peaches, ½ c. (12) Milk (13-20)	Hamburger (1) on Bun (25) or Ham & Cheese Sandwich (29) or Salad Plate (*) Romaine Lettuce & Tomato, ¼ c. (0.6) Onion 1/8 c. Potato Smiles, 4 ea. (28) Baked Beans, ½ c. (29) Fresh Fruit, ½ c. (8-15) Applesauce, ½ c. (23), Milk (13-20)	Chicken Alfredo (39) Grilled Cheese Half (15) or Salad Plate Fresh Veggie Cup, ½ cup (4) Steamed Broccoli, ½ cup (5) Grapes, ½ cup (~15) Fresh Fruit (~15) Milk (13-20)
Monday, January 21	Tuesday, January 22	Wednesday, January 23	Thursday, January 24	Friday, January 25
NO SCHOOL	Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Strawberry Smoothies – 18 oz. (86) & Goldfish Grahams (19) or French Toast Sticks, 4 (38), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Sausage Biscuit (26) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)
IN OBSERVANCE OF MARTIN LUTHER KING, JR DAY	Mini Corn Dogs, 6 (30) Yogurt (*) & Cereal (*) or Salad Plate (*) Golden Corn, ½ c. (16) Green Beans, 1/2 c. (4) Fresh Veggie Cup, ½ c. (2.5) Fresh Fruit, ½ c. (8-15) Applesauce, ½ c. (23) Milk (13-20)	Salisbury Steak (2)/Gravy (5) or Ham & Cheese Sandwich (29) or Salad Plate (*) Glazed Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (18) Fresh Fruit, ½ c. (8-15) Pineapple Tidbits, ½ c. (18) Milk (13-20)	Chicken Smackers, 10 (20) & Waffle (37), Syrup (31) or Yogurt (*) & Cereal (*) or Salad Plate (*) Southern-Style Hash Browns, ½ c. (14) Fresh Veggie Cup, ½ c. (2.5) Fresh Fruit, ½ c. (8-15) Peach Slices, ½ c. (12) Milk (13-20)	Chili, ½ c. (11), Crackers (5 per pack) or Salad Plate (*) Grilled Cheese Sandwich (15 for Half) Carrot & Celery Sticks, ½ cup (4) Orange Wedges, ½ c. (15) Pear Cup, ½ c. (20) Milk (13-20) FF Ranch Dressing (6)

# ELEMENTARY MENUS

Monday, January 28	Tuesday, January 29	Wednesday, January 30	Thursday, January 31	Friday, February 1
Eggo Mini Pancakes (35) & Syrup (31) or Donut Holes, 6 (30), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Breakfast Pizza (22) or Fruit & Yogurt Parfait (29) with Cereal (*), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Sausage Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Chicken (6) Biscuit (26) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)
Hot Dog (2) on Bun (27) or Ham & Cheese Sandwich (29) or Salad Plate (*) White Cheddar Cheetos (17) Fresh Veggie Cup, ½ c. (2.5) Baked Beans, ½ c. (29) Fresh Fruit, ½ c. (8-15) Diced Pears, ½ c. (14) Milk (13-20)	Spaghetti, ½ c. (21) w/ Meat Sauce (*) & Shredded Cheese, 1 oz. (1), Breadstick (14) or Turkey Sandwich (28) or Salad Plate (*) Garden Salad, ¾ c. (4) w/ Dressing (*) Green Beans, 1/2 c. (4) Fresh Fruit, ½ c. (8-15) Fruit Sidekicks (20) Milk (13-20)	Chicken Strips, 3 (17) or Yogurt (*) & Cereal (*) or Salad Plate* Mashed Potatoes, ½ c. (15) Sweet Peas, ½ c. (9) Roll (22) Fresh Fruit, ½ c. (8-15) Applesauce, ½ c. (23) Milk (13-20)	Tony's Cheese or Pepperoni Deep Dish Personal Pizza (35-38) or Ham & Cheese Sandwich (29) or Salad Plate (*) Golden Corn, ½ c. (16) Garden Salad, ¾ c. (4) w/ Dressing (*) Fresh Fruit, ½ c. (8-15) Fruit Sidekicks (20) Milk (13-20)	Beef Taco, 3 oz. (4) or Hot Turkey & Cheese Sandwich (27) or Salad Plate (*) Shredded Cheese, 1 oz. (1) Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Tortilla Chips (18), Salsa, ¼ c. (4) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (8-15) Mixed Fruit Cup, ½ c. (18), Milk (13-20)

MENUS ARE SUBJECT TO CHANGE BASED ON WEATHER AND AVAILABILITY OF FOOD.

GRAYSON COUNTY SCHOOL FOOD SERVICE IS LOOKING FOR POSITIVE AND PRODUCTIVE SUBSTITUTE COOKS TO JOIN OUR TEAM.

SUB COOKS MAY WORK UP TO 19.5 HOURS PER WEEK, WITH THE POTENTIAL TO WORK INTO A FULL-TIME COOK POSITION.

APPLY FOR THE 18-19 SUBSTITUTE COOK/BAKER POSITIONS ONLINE AT [WWW.GRAYSONCOUNTYSCHOOLS.COM](http://WWW.GRAYSONCOUNTYSCHOOLS.COM).