

GCHS MENU

Monday, May 6	Tuesday, May 7	Wednesday, May 8	Thursday, May 9	Friday, May 10
Sausage Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Breakfast Pizza (40) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Canadian Bacon, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Oven Baked Omelet (11) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)
Papa John's Pizza (40) or Salad Bar Green Beans, ½ c. (4) Golden Corn, ½ c. (16) Spring Mix & Tomato Salad, ¾ c. (4) Fresh Fruit Assortment (~15) Fruit Slush Cups (20) Milk (13-20)	Chicken (15) on Bun (25) Or Seasoned 100% Beef Hamburgers on Bun (31) or Salad Bar Fresh Romaine Lettuce & Tomato, ½ c. (1) Onion, 1/8 c. Potato Smiles, 4 ea. (28) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Peach Slices, ½ c. (12), Milk (13-20)	BREAKFAST FOR LUNCH Sausage (0) & Eggs (0) Biscuit (26) & Gravy, ½ c. (10) Or Salad Bar Southern-Style Hash Browns, ½ c. (14) Fresh Veggie Cup, ½ c. (2.5) Cinnamon Baked Apples, ½ c. (36) Fresh Fruit (~15) Milk (13-20)	Oven Roasted Chicken (0) Or Salad Bar Mashed Potatoes, ½ c. (15) Sweet Peas, ½ c. (9) Roll (22) Fresh Fruit Assortment (~15) Fruit Cocktail, ½ c. (18) Milk (13-20) Choice of Dipping Sauce (*)	Nachos: Beef Taco, 3 oz. & Queso, 2 oz. (4) or Big Daddy's Cheese or Pepperoni Pizza (35) or Salad Bar Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Tortilla Chips (18), Salsa, 2 oz. (4) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Veggie Cup*, ½ c. (2.5) Fresh Fruit Assortment (~15) Applesauce, ½ c. (23), Milk (13-20)
Monday, May 13	Tuesday, May 14	Wednesday, May 15	Thursday, May 16	Friday, May 17
Glazed Cinnamon French Toast (26) & Syrup (31) or Donut Holes, 6 (30), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Breakfast Pizza (40) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Sausage Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (13-20)	Chicken (6) Biscuit (26) or 6-pk Donuts (41), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)
Papa John's Pizza (40) or Salad Bar Green Beans, ½ c. (4) Golden Corn, ½ c. (16) Spring Mix & Tomato Salad, ¾ c. (4) Fresh Fruit Assortment (~15) Fruit Slush Cups (20) Milk (13-20)	Salisbury Steak (2)/Gravy (5) Or Mini Corn Dogs, 6 (30) or Salad Bar Glazed Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread (18 ea.) Fresh Fruit Assortment (~15) Pineapple Tidbits, ½ c. (19) Milk (13-20)	Hot Ham & Cheese on Bun (32) Or Tony's Cheese or Pepperoni Deep Dish Personal Pizza (35) or Salad Bar Baked Beans, ½ cup (29) Golden Corn, ½ c. (16) Baked Chips (15-17) FF Ranch (6) Fresh Fruit Assortment (~15) Fruit Sidekicks (20), Milk (13-20)	Chicken Strips, 4 (22) Or Salad Bar Mashed Potatoes, ½ c. (15) Sweet Peas, ½ c. (9) Roll (22) Fresh Fruit Assortment (~15) Applesauce, ½ c. (23) Milk (13-20) Choice of Dipping Sauce (*)	BBQ Pork (16) on Bun (31) Or Fish Strips, 3 (29) Tortilla (15) Southern-Style Hash Browns, ½ c. (14) Green Beans, ½ c. (4) Black Bean & Corn Salsa (3.5) Baked Tostitos (18) Fresh Pineapple Chunks (15) Fruit Sidekicks (20) Milk (13-20)
Monday, May 20	Tuesday, May 21	Wednesday, May 22	Thursday, May 23	Friday, May 24
Breaded Pork Chop (14) on Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (13-20)	Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice
Papa John's Pizza (40) or Salad Bar Green Beans, ½ c. (4) Golden Corn, ½ c. (16) Spring Mix & Tomato Salad, ¾ c. (4) Fresh Fruit Assortment (~15) Fruit Slush Cups (20) Milk (13-20)	Manager's Choice to allow GCHS to use current inventory	Manager's Choice to allow GCHS to use current inventory	Manager's Choice to allow GCHS to use current inventory	Manager's Choice to allow GCHS to use current inventory